

The Best for Chili Recipe

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Those who prefer to cook chilli perpetually need to find that one chilli recipe that may have their family and friends talking regarding for ages and perhaps even impress a couple of chilli contest judges. Below is one amongst the most effective chilli recipe for you to do and that assume you everybody who is concerned are well impressed.

The Best for Chili Recipe Ingredients :

- • 4-5 lbs. ground beef of your choice
- • ¼ cup of olive oil if needed to brown meat
- • 64 ozs. V8 Juice for 4-5 lbs.
- • 1 onion for each pound of meat
- • 1/4 cup of brown sugar or honey
- • 1 bell pepper for each lb. of meat
- • 2-3 cloves garlic for each lb. of meat
- • 3 jalapenos or 1 habanera
- • 2 tablespoons cumin
- • ½ cup finely chopped parsley or cilantro
- • 2 tablespoons of chilli powder (your favourite)
- • 1 teaspoon of celery seed
- • 1 bay leaf for each pound of meat
- • 1 - 16 oz. can dark kidney beans for each lb. of meat
- • salt and pepper to taste
- • 10 mushrooms per pound of meat

The Best for Chili Recipe Methods :

- • Ground beef or ground round should be at least 80% lean.
- • Brown ground beef with olive oil. Salt and Pepper to taste throughout the recipe.
- • After meat is browned, add onions, bell peppers, bay leaves and garlic.
- • Add secret ingredient.
- • Add chopped mushrooms.
- • Add celery seed.
- • Add brown sugar or honey.
- • V8 juice is added next.
- • Cook down for about 10 minutes at a simmer.
- • Add beans last and cook them until they are done to your taste.
- • Cook this entire batch of chilli until you get it coming up. Bubble a little. Do not boil. Turn it off and let it sit. You can even let it sit so long that it gets cold.
- • Then reheat it.

Siphon off the grease when it cools - the whitish looking stuff on the top.